

## The Rotary Club of Northwest Des Moines

Meets every Friday at 11:45am  
at the Urbandale Golf &  
Country Club  
4000 86th Street  
Urbandale, Iowa

Rotarians strive to follow the  
Four Way test in all aspects of their daily  
lives. The Four Way Test reads:

### Is It the TRUTH?

- ▶ Is it **FAIR** to all concerned?
- ▶ Will it build **GOOD WILL** and  
**BETTER FRIENDSHIPS**?
- ▶ Is it **BENEFICIAL** to all concerned?

**The Rotary Club of Northwest  
Des Moines welcomes business,  
professional, and retired  
people who are interested in  
active participation in  
the community.**

If you are interested in learning  
more about Rotary please call

**Brad Helgemo**

515-689-0004

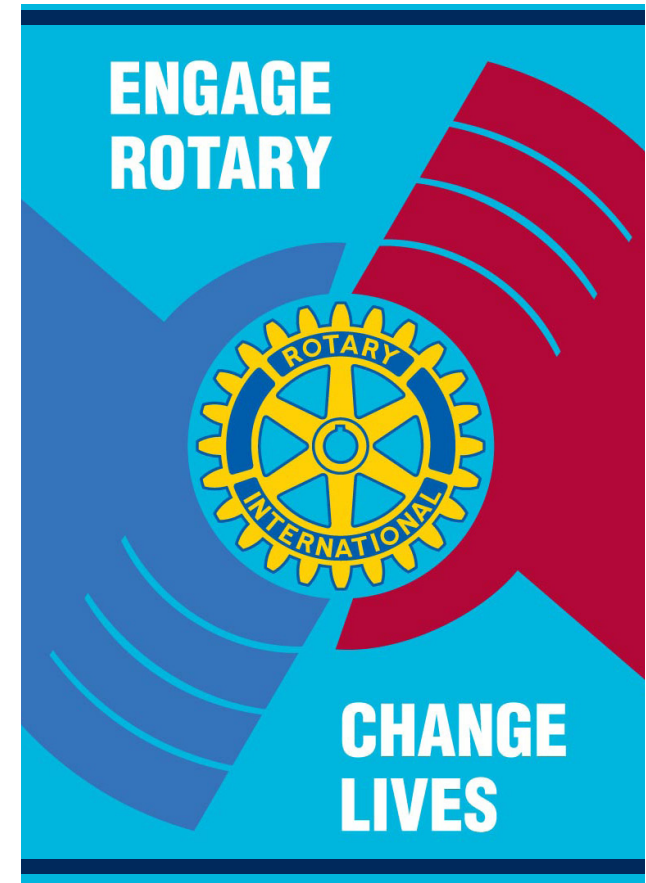
**Dan Boes**

515-986-5746

**Dianne Downing-Nelson**

515-250-2234

THE ROTARY CLUB OF  
**NORTHWEST  
DES MOINES**



### SERVICE ABOVE SELF

Rotary is a worldwide organization of  
business and profession leaders that provides  
humanitarian service and encourages high  
ethical standards in all vocations.



Founded in 1905 as the world's first volunteer service organization, Rotary expanded quickly around the Globe.

Today, club members meet weekly to plan service projects, discuss community and international issues and enjoy fellowship. Clubs are nonpolitical and are open to every race, culture and creed.

There are over 33,000 Rotary Clubs in more than 200 countries and geographical areas. As signified by the motto, Service Above Self, Rotary's main objective is service, - in the community, in the workplace, and throughout the world.

## CLUB ACTIVITIES

- ▶ Reading to elementary students.
- ▶ Annual bike ride to raise money for various local community organizations. The 2013 bike ride raised over \$9,000 for projects including Urbandale Parks and Rec, Urbandale Public Library, Urbandale Food Pantry, Urbandale Police Department and Urbandale Community Action Network.
- ▶ Support of Children and Urban Family Ministries Supper Club.
- ▶ Ringing bells for the Salvation Army.
- ▶ Selling root beer floats to raise money for Special Olympics.
- ▶ Working with the Urbandale Caring Corporation to provide assistance to residents who are elderly, disabled or home-bound.
- ▶ Creating reading corners at local doctors' offices.
- ▶ Providing meat to the Urbandale Food Pantry.
- ▶ Sponsoring a Rotary Youth Exchange student.
- ▶ Two Urbandale High School college scholarships.
- ▶ Working at Jolly Holiday Lights to raise money for the Make Wish Foundation.
- ▶ Honoring one Urbandale Community School District with the Hero in Education award.

***Plus Much More!***

Rotary Club of Northwest Des Moines has organized an Iowa Energy Basketball/ Polio Plus Fund Raiser in conjunction with the other Des Moines Area Rotary Clubs, to help fulfill the District's commitment to the Bill and Melinda Gates Polio Eradication challenge. Working with other clubs also exposes others to Rotary and provides them an opportunity to participate in the eradication of polio worldwide.

Join us. You will become part of a great organization that does amazing things in your community, your country and the world.



## CLUB SOCIAL

Our number one commitment is to service, but we enjoy life in the process. Our meetings are known for their cheerful, enjoyable nature. In addition, the club has a number of socials and family outings each year.